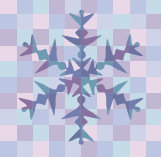



Coventry Senior Center February 2020

Mon	Tue	Wed	Thu	Fri
<p>KEY (*) = New Activities. For more details/information refer to the reverse side of this calendar. Green = Change</p>	<p>Ask about our February Member Challenge</p>	<p><u>Incliment Weather??</u> Check out out Channel 3 WFSB For closures & delays</p>		
<p>3 Chair Yoga 10 AM</p>	<p>4 Fitness 9:30 AM Folk Music 10:30 AM Bingo 1 PM</p>	<p>5 Wii Bowling 9:30 AM YOGA 3 PM (Cancelled) Book Club 1 PM</p>	<p>6 Mahjongg 9:00 AM Fitness 9:30 AM Setback 1 PM Zumba Gold 5:15 PM</p>	<p>7 Wii Bowling 9:30 AM Quilting 9:30 AM</p>
<p>10 Chair Yoga 10 AM *Jewelry Making with Cheryl 11:15am</p>	<p>11 Fitness 9:30 AM Folk Music 10:30 AM Bingo 1 PM</p>	<p>12 Wii Bowling 9:30 AM Luncheon at noon Massage Appts. Lounge Closed 11:30 AM--2 PM YOGA 3 PM</p>	<p>13 Mahjongg 9:00 AM Fitness 9:30 AM Setback 1 PM Zumba Gold 5:15 PM</p>	<p>14 Wii Bowling 9:30 AM Quilting 9:30 AM</p>
<p>17 CLOSED President's. Day</p>	<p>18 Fitness 9:30 AM Folk Music 10:30 AM Bingo 1 PM</p>	<p>19 Wii Bowling 9:30 AM YOGA 3 PM</p>	<p>20 Mahjongg 9:00 AM Podiatrist Appts 9:30AM Fitness 9:30 AM Setback 1 PM Movie 1 PM Zumba Gold 5:15 PM</p>	<p>21 Wii Bowling 9:30 AM Quilting 9:30 AM</p>
<p>24 Hair/Nail Appts. *Tax Aide 9AM-1PM Chair Yoga 10 AM Tech Monday 10 AM</p>	<p>25 Fitness 9:30 AM Folk Music 10:30 AM Bingo 1 PM</p>	<p>26 Wii Bowling 9:30 AM Crafternoon 10:30AM Ask the Nurse 11 AM Luncheon at noon YOGA 3 PM</p>	<p>27 Mahjongg 9:00 AM Fitness 9:30 AM Massage Appts. -Lounge Closed 12-5pm Setback 1 PM Zumba Gold 5:15 PM</p>	<p>28 Wii Bowling 9:30 AM Quilting 9:30 AM</p>